

2021 Mountain State Forest Festival

10K Run/5K Walk

October 3, 2021

Registration: 10:30 a.m.

Please complete and remit pre-registration forms by September 23, 2021 to:

Amanda Jones Mountain State Forest Festival PO Box 388 Elkins WV, 26241

LOCATION: Registration will be located at the Elkins YMCA, 400 Davis Avenue, Elkins.

ENTRY FEES: Pre-registration fee \$20, \$25 day of the race. (Make checks payable to: <i>Mountain State</i> Forest Festival) . Kids 1 Mile Challenge free; register on race day. Name:										
Address:										
Email:									_	
10K □ 5K □ 5K non-competitive						Male Female Age on 10/3/2021				
Circle Shirt Size:	Adult	S	М	L	XL	XXL	Youth S	M L		

RULES & REGULATIONS:

- 1. Runners shall complete the course as marked and directed.
- 2. Runners/Walkers must complete the course in which they have registered.
- 3. All decisions of the committee as to finish time, place and any disqualifications shall be final.
- 4. Middle, High School and Collegiate athletes may be ineligible to receive cash prizes.

<u>RELEASE:</u> By signing this form, I release the Mountain State Forest Festival from any and all personal injury or property damage that I may incur as a result of my participation in the Mountain State Forest Festival 10K/5K race. I indicate that I had read the Rules & Regulations and understand each as they apply and have made a copy for myself/organization/business.

SIGNATURE: (Parent/Guardian if under 18)

Date:_____